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Excerpt from *The Woman's Handbook For Self-Empowerment*

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**Linda Ellis Eastman** is President and CEO of The Professional Woman Network (PWN), an International Training and Consulting Organization on Women's Issues. She has designed seminars which have been presented in China, the former Soviet Union, South Africa, the Philippines, and attended by individuals in the United States from such firms as McDonalds, USA Today, Siemens, Westinghouse, the Pentagon, the Department of Defense, and the United States Department of Education.

An expert on Women's Issues, Ms. Eastman has certified and trained over two thousand women to start consulting/seminar businesses originating from such countries as Pakistan, the Ukraine, Antigua, Canada, Mexico, Malaysia, and Kenya. Founded in 1982 by Linda Ellis Eastman, The Professional Woman Network is committed to educating women on a global basis regarding self-esteem, confidence building, stress management, and emotional, mental, spiritual and physical health.

Ms. Eastman has been featured in USA Today and listed in Who's Who of American Women, as well as Who's Who of International Leaders. In addition to women's issues, Ms. Eastman speaks internationally regarding the importance of human respect as it relates to race, color, culture, age, and gender. She will be facilitating an international conference where speakers and participants from many nations will be able to discuss issues that are unique to women on a global basis.

Linda Ellis Eastman is also Founder of The Professional Woman Speakers Bureau and The Professional Woman Coaching Institute. Ms. Eastman has dedicated her businesses to increasing the self-esteem and personal dignity of women and youth around the world.

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